

Does your loved one need help?

Warning signs ...

- ▶ Difficulty walking — unsteady when standing — recent fall(s)
- ▶ Poor grooming / personal hygiene — soiled clothing
- ▶ Loss of appetite — changes in eating / cooking habits
- ▶ Spoiled / outdated food in frig — little nutritious food in home
- ▶ Diminished driving skills — recent accidents — near misses
- ▶ Loss of interest in activities once enjoyed
- ▶ Reluctance to socialize
- ▶ Difficulty concentrating — poor judgment
- ▶ Memory loss — forgetfulness — confusion
- ▶ Mishandled medications
- ▶ Persistent fatigue — lack of energy
- ▶ Personality changes — irritability — sudden mood changes
- ▶ Unopened mail — past due bills — mishandled finances
- ▶ Poor housekeeping / home maintenance — unsafe conditions

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